

Mayor's Proclamation

City of Canton, Ohio

RECOGNIZING SEPTEMBER 2018 DRUG-FREE PAIN MANAGEMENT MONTH

- WHEREAS, prescription opioid use and abuse leading to addiction and catastrophic outcomes has become a national crisis; and
- WHEREAS, the leading cause of injury death in the United States is drug overdose, and a majority of the deaths from drug overdose deaths involved an opioid; and
- WHEREAS, from 1999 to 2016, more than 350,000 people - more than three times the U.S. military deaths during the twenty years of the Vietnam War - have died in the U.S. from overdoses related to prescription opioids; and
- WHEREAS, we are losing 115 people a day from opioid overdoses and more than forty thousand people died from opioid overdoses in the U.S. in 2016; and
- WHEREAS, overdoses from prescription opioids - drugs like oxycodone, hydrocodone, Percocet and methadone - are a driving factor in the 15-year increase in opioid overdose deaths; and
- WHEREAS, "Four out of five heroin abusers started with prescription pain killers." - Marc Siegel, MD, NYU Langone Medical Center, Fox News Medical Correspondent, *American Opioid Epidemic, Wall Street Journal*, March 28, 2017; and
- WHEREAS, the newest estimates on the cost of opioid abuse to U.S. employers is estimated at \$18 billion in sick days, lost productivity and medical expenses; and
- WHEREAS, prescription opioids are often recommended for low back, neck, and musculoskeletal pain management; and
- WHEREAS, over 100 million suffer with chronic pain and an estimated 75 to 85 percent of all Americans will experience some form of back pain during their life time; and

WHEREAS, doctors of chiropractic are educated and trained to effectively address spinal and neuro-musculoskeletal pain with non-surgical, non-drug management; and

WHEREAS, numerous published studies, including *The Lancet* (March 2018), document spinal manipulation as effective for the management of low back pain.

NOW THEREFORE, BE IT RESOLVED that I, Thomas M. Bernabei, by virtue of the authority vested in me as Mayor of the City of Canton, Ohio, do hereby recognize

**SEPTEMBER 2018
DRUG-FREE PAIN MANAGEMENT MONTH**

to raise public awareness that chiropractic care is the primary first-line, non-pharmacologic approach to safely and effectively relieve acute, subacute and chronic pain.

IN WITNESS WHEREOF, I have hereunto set my hand and caused the Seal of Canton, Ohio be affixed this 1st day of September of the year of our Lord two thousand eighteen.



A handwritten signature in blue ink, consisting of several stylized, connected loops and curves, positioned above a horizontal line.

**Thomas M. Bernabei
Mayor**